



## Adding Salt to Your Dog's Home-Cooked Food

The minimum daily requirement (MDR) for sodium in dogs is 10 mg/kg of body weight. An intake of sodium less than this amount may cause signs of deficiency.

The recommended daily allowance (RDA) for sodium in dogs is 25 mg/kg. This is the amount of sodium from food, water, or treats that supports a normal level of activity in mature dogs.

Table salt and sea salt are approximately 1/3 sodium. Iodized salt also provides the essential mineral iodine.

As a general rule:

For every 25 lb. of body weight, provide 1/8 tsp. of salt daily (or 250 mg sodium from food, water or treats).

Some dogs have medical conditions such as heart or kidney disease that warrant a lower intake of sodium than the RDA. Consult with [your veterinarian](#) or veterinary nutritionist for more information.



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